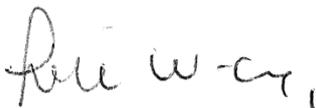


Date of issue: Monday, 8 October 2018

MEETING:	HEALTH SCRUTINY PANEL (Councillors A Sandhu (Chair), Smith (Vice Chair), Ali, Chaudhry, M Holledge, Matloob, Qaseem, Shah and Strutton)
	NON-VOTING CO-OPTED MEMBERS Healthwatch Representative Buckinghamshire Health and Adult Social Care Select Committee Representative
DATE AND TIME:	TUESDAY, 16TH OCTOBER, 2018 AT 6.30 PM
VENUE:	VENUS SUITE 2, ST MARTINS PLACE, 51 BATH ROAD, SLOUGH, BERKSHIRE, SL1 3UF
DEMOCRATIC SERVICES OFFICER: (for all enquiries)	NICHOLAS PONTONE 01753 875120

NOTICE OF MEETING

You are requested to attend the above Meeting at the time and date indicated to deal with the business set out in the following agenda.



JOSIE WRAGG
Chief Executive

AGENDA

PART I

AGENDA
ITEM

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APOLOGIES FOR ABSENCE

<u>AGENDA ITEM</u>	<u>REPORT TITLE</u>	<u>PAGE</u>	<u>WARD</u>
CONSTITUTIONAL MATTERS			
1.	Declarations of Interest	-	-
	<i>All Members who believe they have a Disclosable Pecuniary or other Pecuniary or non pecuniary Interest in any matter to be considered at the meeting must declare that interest and, having regard to the circumstances described in Section 4 paragraph 4.6 of the Councillors' Code of Conduct, leave the meeting while the matter is discussed.</i>		
	<i>The Chair will ask Members to confirm that they do not have a declarable interest. All Members making a declaration will be required to complete a Declaration of Interests at Meetings form detailing the nature of their interest.</i>		
2.	Minutes of the Last Meeting held on 11th September 2018	1 - 8	-
3.	Action Progress Report	9 - 10	-
SCRUTINY ISSUES			
4.	Member Questions	-	-
	<i>(An opportunity for Panel Members to ask questions of the relevant Director/ Assistant Director, relating to pertinent, topical issues affecting their Directorate – maximum of 10 minutes allocated).</i>		
5.	Five Year Plan - Outcome 2	11 - 18	All
6.	Oral Health in Slough Children	19 - 22	All
7.	Slough Wellbeing Board - Half Yearly Report	23 - 36	All
8.	Slough Safeguarding Adult Board (SSAB) Annual Report	37 - 62	All
ITEMS FOR INFORMATION			
9.	Forward Work Programme	63 - 68	-
10.	Members' Attendance Record 2018/19	69 - 70	-

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11. Date of Next Meeting
21st November 2018

-

-

Press and Public

You are welcome to attend this meeting which is open to the press and public, as an observer. You will however be asked to leave before the Committee considers any items in the Part II agenda. Please contact the Democratic Services Officer shown above for further details.

The Council allows the filming, recording and photographing at its meetings that are open to the public. By entering the meeting room and using the public seating area, you are consenting to being filmed and to the possible use of those images and sound recordings. Anyone proposing to film, record or take photographs of a meeting is requested to advise the Democratic Services Officer before the start of the meeting. Filming or recording must be overt and persons filming should not move around the meeting room whilst filming nor should they obstruct proceedings or the public from viewing the meeting. The use of flash photography, additional lighting or any non hand held devices, including tripods, will not be allowed unless this has been discussed with the Democratic Services Officer.

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Health Scrutiny Panel – Meeting held on Tuesday, 11th September, 2018.

Present:- Councillors A Sandhu (Chair), Smith (Vice-Chair), Ali, Chaudhry, M Holledge, Matloob, Qaseem, Shah and Strutton

Non-Voting Co-optee – Colin Pill, Slough Heathwatch

Apologies for Absence:- None.

PART I

14. Declarations of Interest

No interests were declared.

15. Minutes of the Last Meeting held on 28th June 2018

Councillor Strutton requested that it be recorded that the reason he had left part way through the meeting held on 28th June 2018 was because of comments made to him by another member of the Panel that he considered to be “unprofessional and inappropriate”.

Resolved – That the minutes of the last meeting held on 28th June 2018 be approved as a correct record.

16. Action Progress Report

The Panel noted the progress made on the actions agreed at recent meetings. In relation to Minute 61, it was noted that the visit to the Phoenix and Priors Day Centres would be arranged once the refurbishments had been completed.

Resolved – That the Action Progress Report be noted.

17. Member Questions

A Question by Councillor Smith, and the Officer’s response, was tabled regarding the action the Council and NHS partners were taking to address the fact that Slough had the third highest rate of deaths in the South East attributable to air pollution.

(Councillor Qaseem joined the meeting)

Councillor Smith indicated that the answer did not adequately address the question, in particular that:

- The information did not clarify the reasons why Slough had a disproportionately higher mortality rate attributable to air pollution.
- It didn’t include the distribution of health conditions attributed to air pollution by ward, gender and/or ethnic groups.

Health Scrutiny Panel - 11.09.18

- Was the Council reviewing it's action plan in light of the data?
- What future arrangements did the Council have in terms of air quality monitoring?

The Panel noted that the new SBC Low Emission Strategy would be considered by the Cabinet on Monday 17th September and it was agreed that a fuller report on the health issues raised in the question be received by the Panel, provisionally in November 2018.

Resolved –

- (a) That the Member Question and Officer response be noted.
- (b) That the Panel add an item to the Work Programme on the mortality and health impacts of air pollution in Slough.

18. Adult Social Care Transformation Programme - Stage 2

The Adult Social Care Programme Manager introduced a report that updated the Panel on Stage 2 of the Adult Social Care Transformation Programme.

There continued to be significant pressures on adult social care services including a net reduction of 17% in the budget since 2013; a projected overspend in the current year of £1.8; and rising demands arising from demographic and other factors. Stage 1 of the Transformation Programme had already delivered £4.8m of the targeted £7.9m savings by 2019, for example by reconfiguring learning disability services and a departmental restructure with a shift to community based teams. There was uncertainty on the national funding picture with the end of the Better Care Fund confirmed for 2020 and continued delay in the Government's adult social care reform.

The four key areas in the delivery of Stage 2 of the Transformation Programme were new ways of working; developing social capital; implementing integrated care; and promoting self care. The Panel received a detailed update on the progress being made in each of these areas and had a wide ranging discussion about the programme, which is summarised as follows:

Integrated Care Decision Making:

- Assurance was sought that hospital discharges were being well managed as issues were sometimes raised with Members in casework.
- Further information on the effectiveness of projects in place to improve discharge was requested.
- A Member queried whether the appropriate actions were being taken to ensure the home environment was safe and ready for those discharged.
- It was crucial that the lessons were learned from incidents where the system of hospital discharge had not gone well and was training in place to address issues.

Health Scrutiny Panel - 11.09.18

Community delivery and engagement:

- There was general support for working more closely with communities to develop and deliver services.
- The community asset based development pilot in Foxborough was raised and Members asked how and when it would be rolled out. The Panel requested a copy of the analysis of the pilot when available.
- Members queried whether communities had the resources to be able to put in place the right solutions to address local issues.

Early intervention:

- The principle of early intervention was supported.
- Some concern was expressed about what was in place for residents or communities not identified and supported by early intervention.
- What safeguards were in place to support people where self care did not work and they fell back into acute services?

The Panel congratulated the ASC management and teams for continuing to support people effectively despite severe budget pressures and rising demand. Members expressed concerns about the medium and long term national funding shortfall and the impact on services and residents locally. This would be a key consideration in future budget decisions for the Council.

At the conclusion of the discussion the report was noted. The Overview & Scrutiny Committee would also consider a report on the Transformation Programme at its meeting on 15th November 2018.

Resolved –

- (a) That the progress being made in implementing the Adult Social Care Transformation Programme be noted.
- (b) That the community development projects that were being established to support the prevention of long term adult social care needs and the proposed impact that whole community approaches would have on the ability of the Council, Public Health and the NHS to support those who are the most vulnerable in our community be noted.
- (c) That it be noted that the Making Every Contact Project was looking for volunteer councillors to attend the training programme to encourage a deeper understanding of how our citizens can be empowered to take control of their issues.
- (d) That the increasing pressures that adult social care was facing with the further potential for the reduction in national one off funding be noted.

Health Scrutiny Panel - 11.09.18

19. Resident and Service User Engagement - Co-Production

The Strategy & Partnership Manager introduced a report that provided a progress update on the emerging model of co-production in the design and delivery of adult social care services. Karen Evans, the Co-Chair of the Learning Disability Partnership Board also addressed the Panel to explain her role and involvement as a service user.

The Council has previously involved users in a range of areas of adult social care activity through partnership boards such as carers, learning disabilities and autism. Whilst these had some good work, it had been decided to review the arrangements as they lacked clear governance and varied in their effectiveness. Working with service users, a new model of engagement had therefore been developed that would help influence how limited resources were targeted and how services were delivered. The model of Co-production Group replacing the old partnership boards would be a platform to share ideas, identify ways to improve independence and involve Slough's wider community in designing and developing new services and ways of working. The Council would be seeking to identify people able to contribute to the new group.

Ms Evans told the Panel about her experience of being involved in the engagement work and her expectations for the new Co-production Group. She highlighted how important it was that people felt that they were being listened to and that services were responsive. In addition to the service benefits of the involvement of users, Ms Evans stated that she had made new friends and improved her confidence, which made her more able to speak up on behalf of others and make the engagement more effective. The Panel commended Ms Evans for the role she was playing and agreed that it was crucial to have effective mechanisms to listen to the views of her and other service users.

The Panel discussed a number of issues included how the Council would ensure the new group would be more effective than the partnership boards it was replacing and how more people could be encouraged to be involved. At the conclusion of the discussion, the Panel noted the report and Members endorsed the approach being taken.

Resolved –

- (a) That the report be noted.
- (b) That the approach being taken to strengthen residents and service user involvement in shaping services through creating more meaningful, robust and equal partnerships be endorsed.

(Colin Pill left the meeting)

Health Scrutiny Panel - 11.09.18

20. Solutions4Health - Deep Dives

The Panel received a further update from representatives of Solutions4Health on the work being undertaken as part of the Eat4Health, Let's Get Going, Cardiowellness4Slough and FallsFree4Life programmes commissioned by the Council's public health team.

Detailed summaries of each of the programmes was provided to the Panel with the overall strategy being to take a preventative approach to address key local public health challenges.

- Eat4Health – the project was in its second year and uptake was good. An average of 10 people attended each course with 53% achieving a 3% weight loss or more.
- Let's Get Going – a healthy lifestyle programme aimed at 7-12 year olds and their families. 47 children took part between January to August 2018 with 97% of children and 100% of parents rating the course as very good or excellent.
- Cardiowellness4Slough – an integrated healthy lifestyle service to help people stop smoking, eat healthily or reduce excessive alcohol intake. The aim was to increase the take up of health checks to bring Slough up to the national target. 767 patients had been triaged through the service in the first six months of 2018.
- FallsFree4Life – the service exceeded its target of 600 falls assessments in 2017-18.

The Panel welcomed the good work that had been commissioned by the public health team and discussed a number of issues including the ongoing support to help people change behaviours and live more healthily. It was recognised that this was a long term approach and it was often hard to directly measure the effectiveness of preventative work. A Member asked why the Let's Get Going programme was currently only running in three schools and it was noted this was due to the resources available to invest in the project.

It was noted that the activity was funded through the national public health grant, which was being reduced by 15% year on year and would cease to be a ring-fenced grant from 2020. The Panel agreed that it was important that public health programmes of this type continued beyond that, particularly where programmes were proving successful in Slough. It was therefore agreed to make a recommendation to the Cabinet to encourage it to commit to continuing to support this work in the future.

Resolved – That the following reference be made to the Cabinet:

“That Cabinet encourages members and representatives from Public Health, and other Council departments, to work closely with Solutions4Health in developing future integrated models for prevention and behaviour change that will continue to benefit and improve the health of Slough residents beyond 2020.”

Health Scrutiny Panel - 11.09.18

21. Disability Task & Finish Group - Terms of Reference

The Scrutiny Officer introduced a report that sought approval for the final terms of reference for the Disability Task & Finish which the Panel had previously agreed to establish.

The proposed members of the Task & Finish Group had met with Officers on 10th August to develop the terms of reference and the outcome was reflected in the draft as at Appendix A to the report. The group would be chaired by Colin Pill from Slough Healthwatch and the membership comprised of five elected members and Liam Toner representing the Council's workforce. The group would meet with a variety of key bodies during the course of its work including the Slough Youth Parliament, Disability Forum, community groups and Council departments including transport and planning.

A Member sought clarification that the group's remit included the accessibility of Council buildings and it was responded that paragraph 1.1 of the terms of reference relating to the "level of inclusion offered for disabled residents and visitors in services offered by Slough Borough Council" would sufficiently cover access. The group would also be working with the company producing the Disability Access Guide which would ensure access problems were identified.

At the conclusion of the discussion, the terms of reference were approved.

Resolved – That the terms of reference for the Disability Task & Finish Group be approved.

22. Forward Work Programme

The Panel considered the Work Programme for 2018/19 and agreed the following amendments:

- Report on the impacts of air quality on mortality and health in Slough to be added to the programme for 21st November.
- An update on preparedness for winter to be added to the agenda for the meeting on 21st November.
- Report on Community Asset Development work in Foxborough to be added to the programme in either November or January.
- Adult Social Care Transformation Programme Update scheduled for January to be removed as it duplicated the update provided earlier in the meeting.

Resolved – That the Forward Work Programme be agreed.

23. Attendance Record

Resolved – That the Members' Attendance Record for 2018/19 be noted.

Health Scrutiny Panel - 11.09.18

24. Date of Next Meeting

The date of the next meeting of the Panel was confirmed as 16th October 2018.

Chair

(Note: The Meeting opened at 6.30 pm and closed at 8.58 pm)

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Health Scrutiny Panel – Actions Arising from Meetings

26th March 2018

Minute:	Action:	For:	Report Back To: Date:
61	Resolved: <ul style="list-style-type: none"> That it be arranged for the Panel to visit Phoenix Day Centre and Priors Day Centre following the refurbishment. 	Adult Social Care	HSP As appropriate

11th September 2018

Minute:	Action:	For:	Report Back To: Date:
18	Comments from the Health Scrutiny Panel would be considered when the Overview & Scrutiny Committee took a report on the Transformation Programme at its meeting on 15 th November 2018.	Scrutiny Officer	OSC 15 th November 2018
20	Resolved – That the following reference be made to the Cabinet: “That Cabinet encourages members and representatives from Public Health, and other Council departments, to work closely with Solutions4Health in developing future integrated models for prevention and behaviour change that will continue to benefit and improve the health of Slough residents beyond 2020.”	Scrutiny Officer	Cabinet 15 th October 2018

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SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel **DATE:** 16th October 2018

CONTACT OFFICER: Dr Liz Brutus – Service Lead, Public Health
(For all Enquiries) (01753) 875 142

WARD(S): All

PART I
FOR COMMENT & CONSIDERATION

FIVE YEAR PLAN – OUTCOME 2

1. **Purpose of Report**

To provide the Panel with an overview of the progress being made in enacting Outcome 2 of the Five Year Plan. This outcome focuses on the health of local residents and enabling service users to take an active role in shaping the service available to them.

2. **Recommendations**

The Panel is requested to

- a) Consider and comment on the progress of Outcome 2 Key Actions
- b) Identify areas where they would like to receive further detail or updates
- c) Support further engagement with and contribution from communities and residents, in particular with becoming more physically active.

3. **The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan**

3a. **Slough Joint Wellbeing Strategy Priorities**

Supporting people to become healthier and manage their own health, care and support needs supports in particular:

- Increasing life expectancy by focusing on inequalities
- Improving mental health and wellbeing

3b. **Five Year Plan Outcomes**

This report discusses Outcome 2, namely:

- Our people will be healthier and manage their own care needs

4. **Other Implications**

(a) **Financial**

The budget for this outcome is included within the existing resources and budget.

(b) Risk Management

Recommendation from section 2 above	Risks/Threats/ Opportunities	Current Controls	Future Controls
Support further engagement with and contribution from communities and residents, in particular in becoming more active	Threat: The health risks associated with inactivity include heart disease, cancer, stroke and poor mental health – all of which impact resident health and future use of services.	Active promotion across various voluntary, community and statutory services.	Making Every Contact Count Training

(c) Human Rights Act and Other Legal Implications

There are no Human Rights Act or other legal implications to the content of this report.

(d) Equalities Impact Assessment

The production of this report has not required the compilation of an Equalities Impact Assessment. Individual projects featured in the report have had or shall have such assessments carried out as appropriate.

5. **Supporting Information**

- 5.1 The Health Scrutiny Panel has previously discussed the Five Year Plan in 2017 – 18. However, given the significant changes to Outcome 2 this report will provide an introduction to the new corporate priorities outlined in the Five Year Plan.
- 5.2 The Overview and Scrutiny Committee also held a training event on 14th June 2018 which discussed the Five Year Plan outcomes and the Committee's priorities for this. These have been shared with the report's authors and are reflected in the content of this document.
- 5.3 The 4 key actions for Outcome 2 are as follows:
- Support our residents to be more active
 - Open a range of new leisure facilities including Slough Ice Arena, Salt Hill Activity Centre, Langley Leisure Centre, The Centre and a network of green gyms in our parks and open spaces
 - Support more people to take control of their care needs including a direct payment
 - Support more people to have a health check

A short overview of each of these will now be presented; Appendix A provides a more detailed account of progress.

Support our residents to be more active

- 5.4 In the latest results, one in three residents locally (34.8%) compared to one in four nationally (25.7%) were reported as not participating in at least 30 mins of sport at moderate intensity at least once a week. With only two full years of data it is too early to meaningfully review trends over time.
- 5.5 Physical inactivity is associated with poor physical and mental health, and the council is working actively to make it easier for residents to benefit from increased participation in sport and exercise, including the provision of significant investment in leisure facilities and open air green gyms, trim trails and multi use games areas ('MUGAs') in our parks.

Open a range of new leisure facilities including Slough Ice Arena, Salt Hill Activity Centre, Langley Leisure Centre, The Centre and a network of green gyms in our parks and open spaces

- 5.6 All but one of the new leisure facilities have now been opened with only The Centre, Farnham Road, left - due to open in Spring 2019. A network of sixteen green gyms are also now available in our parks and open spaces and although early days, appear to be drawing a broader range of Slough residents than previously seen in 'built' leisure facilities.

Support more people to take control of their care needs including a direct payment

- 5.7 Adult Social Care are undertaking reviews of all commissioned care packages and encouraging our clients and their carers to take up the option of using a direct payment to purchase personal assistants or services to meet their assessed support needs. We are expecting to reach our target of five hundred people or carers using a direct payment by the end of March 2019.

Support more people to have a health check

- 5.8 The NHS Health Checks Programme is a national initiative to prevent heart disease, stroke, diabetes, kidney disease and certain types of dementia through early identification and management of certain risk factors. The Programme works by identifying and managing cardiovascular risk in people aged 40-74 years (or 30-74 years if South Asian – this is a local offer). N.B: Health Checks are not appropriate for individuals who already have cardiovascular or other related diseases mentioned above. These patients are already known to be high risk and assumed to be managed as part of being on a disease register.
- 5.9 Locally, NHS Health Checks are provided by two sources: in GP Practices across Slough and via Cardiowellness4Slough. The latter is an opportunistic outreach service across a range of community settings such as faith groups, workplaces, pharmacies and so on.

Additional work supporting Outcome 2

Public Health - Other lifestyle services

- 5.10 Public Health commissions or supports a range of other lifestyle services that enable residents to be healthier and manage their own care needs. These

include Eat4Health, CardioWellness4Slough, Social Prescribing (provided by Slough CVS) and the soon to be launched Exercise on referral scheme called Slough in Motion. Additional information about some of these services has already been provided in a previous paper.

Regulatory services – public protection and prevention activities

- 5.11 Regulatory Services provides public protection and prevention activities to support the longer term objectives of Outcome 2. Some examples include:
- Tobacco Control work to reduce the amount of illicit and counterfeit tobacco products coming into Slough with sniffer dogs and other operations, strong enforcement of alcohol sales licensing and active seizures of harmful products on sale.
 - Since April 2018, Scams victims have been given special support through a Scams Wellbeing initiative and we continue to partner with the England Illegal Money Lending team; we recognised that protecting peoples financial position helps to ensure that they are able to remain independent and active in their local communities helping to reducing loneliness, isolation and potentially the need for social care.
 - Officers use the ‘Concern Cards’ to escalate any safeguarding issues that arise including exploitation issues that they may encounter out and about in the town such as modern slavery and the returns and are coordinated by the Community Safety Team
 - All Slough taxi drivers have mandatory safeguarding training and we support the ‘Safe Place’ scheme in the town, with 12 shops participating.

Mental health services

- 5.12 The Mental Health Service are developing further preventative and wellbeing approaches to enable our residents to become more able to support themselves by building on the successes achieved over the last year. Some examples of the work includes development of:
- Community asset based community approach (CABA) through the expansion of the Recovery College Network and Peer Mentors/Trail Blazers, increasing work opportunities for Peer Mentors and Trail Blazers across Slough ;
 - Supportive living provision which enables people to move back to independent living alongside the development and implementation of an Enabling Environments criteria, utilising the Mental Health Coproduction forum;
 - A more timely discharge process from psychiatric hospital in-patient admissions. This reduces delayed discharge from inpatient settings due to delays with social care funded placements and ensures community needs can be met more robustly and therapeutically.
 - A Hospital admission avoidance and alternative to admission service which limits the need for inpatient admissions where possible. This creatively uses local community options in Slough.
- 5.13 Other key programmes of work include the Independent Placement Support (IPS) service which increases employment opportunities for people in Mental Health Services; creating alignment to GP centres across Slough for older people; developing a Carers Pathway to embed within the Mental Health Services Recovery College; considering loneliness and isolation by developing a

wider community cohesion strategy and creating a Safe Haven community resource which encourages healthy living and the connection to horticulture.

Other issues raised at June training

- 5.14 Various other issues were raised at the June training and are addressed below:
- Health checks – making it easier to access (e.g. supermarkets, community centres): This is being addressed via the Cardiowellness4Slough Service which is mobile for flexible delivery across the community. The provider continues to explore expanding their offer to additional community settings including suggestions above.
 - Direct payments – their impact and if any language barriers had been encountered: There have been no reported barriers encountered due to culture or language and in fact, residents with direct payments now have more choice over who they employ as personal assistants.
 - Leisure – level of usage, does Slough need any more, bike schemes.

6. Comments of Other Committees

The progress of the Five Year Plan (including Outcome 2) is regularly reported to Cabinet. This specific report has not been considered by any other Committee of Slough Borough Council.

7. Conclusion

The report outlines a huge amount of activity to support the achievement of Outcome 2 and in general, there has been improvement in 2 of 3 prioritised indicators. Residents' low physical activity levels are a direct risk to their own health and also threaten higher rates of future use of both health and social care services. We would request the Health Scrutiny Panel's support further engagement with and contribution from communities and residents, in particular with becoming more physically active.

8. Appendices Attached

'A' - Five Year Plan - Outcome 2

9. Background Papers

Slough Borough Council, Five Year Plan 2018 – 23

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Outcome 2: Our people will be healthier and manage their own care needs



Number of adults managing their care and support via a direct payment

416 ↑



	Q1	Q2	Q3	Q4	Q1
Carers	146	150	160	159	166
Clients	244	248	247	244	250

Target RAG Rating	More than 500 recipients	GREEN
	Between 410 and 500 recipients	AMBER
	Less than 410 recipients	RED

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Direct Payments are a way of enabling those eligible for social care support to control the commissioning and procurement of support themselves. This leads to more personalised and controlled support, which evidence shows will deliver better outcomes.

Our primary strategy is to increase the use of Direct Payments by service users and carers, and to use this as the default position when providing services.

We have taken several steps to make DPs easier to manage and use including pre-payment cards, contracting a Personal Assistant Matching and Employment Support service, and reissuing staff guidance. We are specifically targeting Carers who we feel would benefit from a Direct Payment to support them in their caring role.

Uptake of targeted health checks
The percentage of the eligible population aged 40-74 who received a NHS Health Check

2.60 ↑



Target RAG Rating	More than 1.90%	GREEN
	Between 1.50% and 1.90%	AMBER
	Less than 1.50%	RED

The NHS Health Check is a health check-up for adults aged 40-74, designed to spot early signs of conditions such as stroke, kidney disease, heart disease, type 2 diabetes and dementia, and to offer ways to reduce the risk of developing these conditions.

Health Checks are offered by GPs and the local authority, and Slough is seeking to promote a greater engagement amongst residents in taking up this offer.

Health Check rates in Slough have increased due to an additional 1400 appointments offered in Q3, and for the first time exceeds the national rate.

<https://www.nhs.uk/conditions/nhs-health-check/>

Number of people inactive
The percentage of people aged 16 and over who do not participate in at least 30 minutes of sport at moderate intensity at least once a week

34.8 ↓



	2015/16	2016/17
Number of residents contacted	1,045	974

Target RAG Rating	Less than 34.4%	GREEN
	Between 34.4% and 34.8%	AMBER
	More than 34.8%	RED

This measure is an estimate of physical inactivity amongst adults aged 16 or older, and derives from a nationwide survey (the 'Active Lives Survey') conducted and reported annually by Sports England.

In the latest results, one in three residents locally (34.8%) compared to one in four nationally (25.7%) were reported as not participating in at least 30 mins of sport at moderate intensity at least once a week. With only two full years of data it is too early to meaningfully review trends over time.

Physical inactivity is associated with poor physical and mental health, and the council is working actively to make it easier for residents to benefit from increased participation in sport and exercise, including the provision of significant investment in leisure facilities and open air green gyms, trim trails and multi use games areas ('MUGAs') in our parks.

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SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel

DATE: 16th October 2018

CONTACT OFFICER: Timothy Howells - Public Health Programme Officer (SBC)
(For all Enquiries) (01753) 875148

Dr Liz Brutus - Service Lead Public Health (SBC)

WARD(S): All

PART I
FOR COMMENT & CONSIDERATION

ORAL HEALTH IN SLOUGH CHILDREN**1. Purpose of Report**

To inform the Panel of the picture of oral health in Slough, its links with health inequalities and the current provision for supporting oral health.

2. Recommendation

The Panel is requested to consider the actions being taken to deliver improved oral health, particularly in children in Slough.

3. The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan**3a. Slough Joint Wellbeing Strategy Priorities**

The current programme is aimed at supporting local children and their families to improve their health and wellbeing through improved oral health. In particular, this work supports the Joint Wellbeing Strategy priorities:

- Protecting vulnerable children
- Increasing life expectancy by focusing on inequalities

The oral health activities have been developed in response to and using the evidence base of the Joint Strategic Needs Assessment.

3b. Five Year Plan Outcomes

The primary outcomes where delivery will be enhanced by the paper are:

- Outcome 1: Slough children will grow up to be happy, healthy and successful
- Outcome 2: Our people will be healthier and manage their own care needs

4. **Other Implications**

(a) Financial

There are no financial implications directly resulting from the recommendations of this report and outlined activities are within the current budget and resources.

(b) Risk Management - None

There are no identified risks associated with the proposed actions.

(c) Human Rights Act and Other Legal Implications

There are no Human Rights Act implications to the content of this report

(d) Equalities Impact Assessment

The content of this report does not require an Equalities Impact Assessment.

5. **Supporting Information**

Context

- 5.1 Further to the arrangement agreed in the Health Scrutiny Panel on 28 June 2018, that the chairs of the Panel and Slough Wellbeing Board meet regularly to discuss issues of mutual interest, the chairs have met and an initial topic of oral health (with a focus on childhood oral health) has emerged. This report therefore outlines the picture of oral health in Slough, current provision for supporting oral health and future plans.

Picture of oral health in Slough

- 5.2 Oral health is essential to general health and quality of life for both adults and children. Review of the national data for oral health highlights a strong social gradient where the most socio-economically deprived have the worst oral health (with the least deprived having the best oral health). While specific evidence-based oral health interventions work, it is helpful to view poor oral health as a health inequality 'marker' of other health issues more associated with people in more deprived situations. From a 'prevention' perspective this includes health risk factors such as obesity¹, poor immunisation and screening uptake and greater likelihood of smoking. For this reason, providing a holistic approach to keeping well in addition to specific oral health interventions is key.
- 5.3 In Slough, there is a particular concern about the oral health of children. Slough has more children with teeth affected by decay, on average, than in any other local authority in the South East and one of the highest in England. The most recent data (2016/2017) tells us that 41.5% of children have one or more decayed, missing or filled teeth, compared to 23.3% in England and 16.4% in the South East. This is higher than would be expected even for the level of deprivation in Slough so there

¹ Public Health England. National Dental Epidemiology Programme for England : oral health survey of five-year-old children A report on the prevalence and severity of dental decay [Internet]. London; 2013. Available from: [http://www.nwph.net/dentalhealth/Oral Health 5yr old children 2012 final report gateway approved.pdf](http://www.nwph.net/dentalhealth/OralHealth5yr%20old%20children%202012%20final%20report%20gateway%20approved.pdf)

are likely to be other factors at play. In Slough, culture, language and home country oral health practice are all likely to be impacting children's oral health.

- 5.4 When tooth decay is severe, children may suffer significant pain leading to school absences, parents and carers seeking advice and pain relief urgently via Accident & Emergency and in some cases, children requiring inpatient oral surgery under general anaesthetic. These all have implications and costs - to the child in lost learning time; to families where they may be an impact on employment and to the NHS in higher cost treatment which could have been avoided.
- 5.5 The main focus of oral health promotion at present for Slough Borough Council (SBC) is children because there is the greatest opportunity for cost-effective, evidence-based early prevention interventions to influence a lifetime of good habits in tooth-brushing and looking after oral health. However, SBC has also invested in an adult oral health survey on a regular basis to monitor the oral health of our adults.
- 5.6 While there may not be dedicated oral health promotion activities aimed at adults, there are opportunities to weave in oral health promotion within the wider 'health and wellbeing' offer for groups of adults known to be at higher risk of poor oral health. These include people with serious mental health conditions, people in residential care, people with a learning disability, people who misuse drugs and people with certain other long term conditions such as diabetes. Poor oral health affects self-esteem and confidence (which may result in reduced mental wellbeing and social isolation), negatively affects a person's ability to achieve employment and also puts them at greater risk for more serious dental disease and even heart disease.
- 5.7 Specific oral health activities that are running in Slough are described below. These are primarily funded from the SBC Public Health grant but where indicated, are part of a pilot initiative from NHS England who are responsible for NHS dental care. SBC Public Health also work closely with our South East Region oral health experts in PHE.

Current initiatives and successes in oral health

- 5.8 **Oral Health promotion project** – This project is provided by Oxford Health NHS Foundation Trust. It is an SBC Public Health-commissioned project. The project aims to upskill early years staff to be proficient in supervised tooth brushing; and knowledge around good oral health provision. In year 1 (2017-2018), we successfully accredited all Slough Children Centres with the gold award for oral health hygiene. Furthermore, we have trained 62 staff and health care professionals and run 40 community information sessions.
- 5.9 **PHE “Starting Well” initiative** – Slough Public Health are working with PHE (Public Health England) and Slough community dental practices in this NHS England-funded initiative to provide outreach to a minimum of 6-8 primary schools in Slough. The initiative works on 2 levels; to provide support to schools to supervise tooth brushing in Reception Class and Year 1 and for local increase the number of children and families using dental services. This also includes community dental open days (2 in 2018 and 1 in 2019).

5.10 **Active Movement** – Through the Public Health grant and our commissioned “Active Movement” programme, we are in the process of integrating an “active” oral health element into this holistic behaviour change inactivity reduction programme, which is currently being rolled out across Slough primary schools.

5.11 **Healthy Early Years and Healthy Schools coordinators** – Through the Public Health grant, the Public Health and Schools Quality teams are in the process of establishing two coordinator posts who will support early years settings and schools to develop a broad evidence-based approach to health and wellbeing amongst its students, families and staff. Good oral health will be part of this with the intention of strengthening the relationship with other healthy behaviours and providing greater sustainability of the messages and health behaviours.

6. **Comments of Other Committees**

6.1 A related paper on childhood oral health was presented to the Overview and Scrutiny Panel in August. Given the topic originated from the chairs of this Panel and SWB, it is intended to present this paper to the Slough Joint Wellbeing Board later in the Autumn.

7. **Conclusion**

7.1 Oral health is important to health and wellbeing but also acts as marker of health inequality in certain key groups including children and ‘at risk’ adults. Therefore, in addition to oral health-specific interventions which are cost-effective and evidence-based, it is important to provide individuals and communities a wider, holistic approach to support them to keep themselves well.

7.2 The Public Health team are continuing this work through:

- Extending the commissioned Healthy Smiles programme to a minimum of March 2020
- Working with PHE to explore options of how to extend the Starting Well programme, post March 2019
- Working with PHE to see how we can better integrate our other holistic programmes (such as physical activity and healthy eating) with oral health work.
- Working directly with Slough early years settings and schools to embed healthy behaviours and knowledge amongst students, families and staff.
- Maintaining the monitoring of adult oral health (through formal survey) and as required, working with others with closer links to those people identified to be ‘at risk’ of poor oral health.

8. **Appendices**

None

9. **Background Papers**

Agenda Papers and Minutes, Health Scrutiny Panel 28 June 2018

SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel **DATE:** 16th October 2018

CONTACT OFFICER: Dean Tyler, Service Lead Strategy and Performance
(For all Enquiries) (01753) 875847

WARD(S): All

PART I
FOR COMMENT & CONSIDERATION

SLOUGH WELLBEING BOARD – HALF YEARLY REPORT

1. **Purpose of Report**

This report provides Members with an update on the work of the Slough Wellbeing Board since May 2018.

2. **Recommendation(s)/Proposed Action**

That Members:

- a) Note the issues covered by the Slough Wellbeing Board to date;
- b) Identify opportunities for joint work between the Slough Wellbeing Board and Health Scrutiny Panel; and
- c) Identify specific actions to take jointly with Slough Wellbeing Board in 2018/19.

3. **The Slough Joint Wellbeing Strategy, the Joint Strategic Needs Assessment and the Five Year Plan**

3a. **Slough Joint Wellbeing Strategy Priorities**

1. Protecting vulnerable children
2. Increasing life expectancy by focusing on inequalities
3. Improving mental health and wellbeing
4. Housing

3b. **The Joint Strategic Needs Assessment)**

The priorities in the Wellbeing Strategy are informed by evidence of need contained in the Joint Strategic Needs Assessment.

3c. **Five Year Plan Outcomes**

The work of the Slough Wellbeing Board and the Wellbeing Strategy contributes directly to the delivery of three of the five outcomes in the Council's Five Year Plan:

1. Slough children will grow up to be happy, healthy and successful
2. Our people will be healthier and manage their own care needs
4. Our residents will live in good quality homes

4. **Other Implications**

- (a) Financial - There are no financial implications relating to this report.
- (b) Risk Management – None
- (c) Human Rights Act and Other Legal Implications - There are no direct legal implications. The specific activity in the Wellbeing Strategy and other plans may have legal implications which will be brought to the attention of the Council's Cabinet separately. There are no Human Rights Act Implications.
- (d) Equalities Impact Assessment - There is no requirement to complete an Equalities Impact Assessment in relation to this report. An impact Assessment will however be completed on individual aspects of any actions produced to sit underneath the Wellbeing Strategy, as required.

5. **Supporting Information**

- 5.1 The agenda for Slough Wellbeing Board meetings is set around the Board's statutory responsibilities and Slough Joint Wellbeing Strategy 2016 – 2020 priorities. Appendix A summarises the key achievements delivered under the Strategy's four priorities in the past year, while Appendix B lists the key points of discussion this year.
- 5.2 A copy of the Wellbeing Board's current forward work plan for the period November 2018 to March 2019 is also attached at Appendix C.

Joint work undertaken

- 5.3 On 19 September 2018 the Chairs of the Slough Wellbeing Board and Health Scrutiny Panel met to share information and look for new opportunities to co-ordinate their work programmes. One matter emerging from this discussion was Cllr Pantelic's intention to bring an item on oral health to the Panel on 16 October 2018, before taking it on to the Wellbeing Board on 14 November 2018.
- 5.4 Other potential areas for joint working across both meetings include:
 - a) Developing our relationship within the Frimley Integrated Care System (ICS) and the integration of health and social care. This is a regular item on both Health Scrutiny Panel and Wellbeing Board agendas and presents an opportunity to review what we do locally and identify where opportunities are available to work at a Frimley ICS level to tackle health inequalities in Slough;
 - b) Coordinate action to target the wider determinants of health, following the Wellbeing Board's discussion of this issue at the Partnership Conference;
 - c) Linking actions from the above to of the work of the Disability Task and Finish Group, expected later this year.
- 5.5 Information about the following Slough Wellbeing Board social media campaigns has been shared with Health Scrutiny Panel members:

- a) #Be Realistic - A campaign to improve the health and wellbeing of Slough residents by encouraging small positive changes in lifestyle, and achieving and maintaining a healthy weight. The campaign's website can be found at www.slough.gov.uk/health-and-social-care/be-realistic-campaign.aspx .
- b) #Reach Out - This campaign aims to encourage people to 'reach out' and seek help and support if they are feeling lonely or socially isolated; or if they might know someone feeling this way and needing help. For more details visit www.slough.gov.uk/health-and-social-care/reach-out-campaign.aspx .
- c) #Not Alone – this campaign will launch on 10 October 2018 in order to coincide with World Mental Health Day. It aims to raise mental health awareness in Slough and the importance for everyone, regardless of their age or situation, to ensure they take time to look after their own mental health.
- d) A fourth campaign on poverty is also being planned for early in the New Year.

- 5.6 Members of the Health Scrutiny Panel were invited to attend the 2018 Partnership conference which took place on 4 October 2018 at The Curve. The aims of the conference were to:
- Hear from Terry Blair-Stevens (Public Health England) to set the national context;
 - Review the four priorities in the Wellbeing Strategy alongside the 13 wider determinants of health and wellbeing;
 - Identify key issues and actions.

6. **Comments of Other Committees**

None.

7. **Conclusion**

Members are invited to note this update and consider opportunities for joint work to strengthen the work of both committees during the remainder of the municipal year.

8. **Appendices Attached**

- 'A' - Summary of the key achievements delivered under the Joint Slough Wellbeing Strategy in the past year
- 'B' - Summary of issues discussed at Slough Wellbeing Board between May and September 2018
- 'C' - Slough Wellbeing Board's forward plan for the period November 2018 to March 2019

9. **Background Papers**

None

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Key achievements under the Joint Slough Wellbeing Strategy's four priorities over the past year include:

1. Protecting vulnerable children

- Slough Children's Trust continues to make strong and significant progress in improving outcomes for children looked after and care leavers.
- Having all of our Children Centres exceed the national average for children securing a 'good level of development'.
- Campaigning alongside Slough's Youth Parliament for the rollout of personal, social, health and economic (PSHE) education, as part of the national curriculum, in all Slough's secondary schools.
- Launching a multi agency strategy to improve the education, employment and training (EET) outcomes for children looked after and care leavers.
- Establishing a new Joint Safeguarding Executive Group to better support the work of our Adult and Children's Safeguarding Boards and the Safer Slough Partnership.

2. Increasing life expectancy by focusing on inequalities

- Overseeing a refresh of the Joint Strategic Needs Assessment which provides an overview of health issues across the borough and is available at the following link www.slough.gov.uk/council/joint-strategic-needs-assessment/
- Refreshing and publishing a new three year assessment of the current and future pharmaceutical needs of Slough's population.
- Endorsing commissioning plans to deliver sustainable and consistent standards of care across Bracknell & Ascot, Slough and Windsor and Ascot & Maidenhead for the period April 2017 to March 2019.
- Publishing the interim Director of Public Health's Annual Report for 2017/18: the natural environment, which is available at www.slough.gov.uk/downloads/slough-annual-report-2018.pdf
- Launching #Be Realistic, a social media campaign to encourage greater levels of physical activity.
- Encouraging 4,000 children, across nine primary schools, to take up the daily mile challenge, which encourages children to run or jog at their own pace – in the fresh air with friends.
- Launching Active Movement, an ambitious new activity programme, in eight of our schools, to help children and young people sit less and move more.
- Launching a new integrated public health nursing service for 0-19 year olds (and up to 25 for young people with disabilities and/or additional needs).
- Launching a new, free breast cancer screening clinic for all eligible women across the borough.
- Increasing the number of health checks (2,300 health checks) and falls risk assessments (301) carried out.

3. Improving mental health and wellbeing

- Launching #Reach Out, a social media campaign designed to tackle loneliness and social isolation across Slough.
- Launching Good Gym, a programme that combines regular exercise with opportunities to help our communities.
- Signing up to ITV Good Morning Britain's 1 Million Minutes campaign to tackle loneliness in older people.
- Launching #10mintues4slough, an eight week challenge to help more people be more active more often.
- Launching the Berkshire Suicide Prevention Strategy 2017 – 2020

4. Housing

- Endorsing a policy to provide affordable homes for key workers across the borough.
- Launching a joint protocol between the council's housing services and the Children's Trust to address the housing needs of care leavers.
- Establishing a task and finish group to investigate the increase in homelessness and rough sleeping across the borough.

Appendix B

Summary of issues discussed at Slough Wellbeing Board between May and September 2018

SWB meeting	Discussion item	Joint Wellbeing Strategy priority
9 May 2018	#Be Realistic campaign update	Increasing life expectancy by focusing on inequalities
	Interim Director of Public Health's Annual Report for 2017/18: the natural environment (statutory requirement)	
	Caring for carers: Memorandum of Understanding	
	Space Prevention Alliance Community Engagement Annual Report 2017	All
	Slough Wellbeing Board Annual Report 2017/18	
18 July 2018	Integrated Care System update	Increasing life expectancy by focusing on inequalities
	#Be Realistic campaign update	
	#Reach Out campaign update	
	Better Care Fund Annual Report 2017/18	
	Refresh of Terms of Reference and recruitment of two new members to the Slough Wellbeing Board	All
	Arrangement for this year's partnership conference	
	Homelessness update from the Task and Finish Group	Housing
26 September 2018	Integrated Care System update	Increasing life expectancy by focusing on inequalities
	Tackling Slough's health inequalities and wider determinants of health	
	Delivery of the next phase of the Council's Leisure Strategy	
	Homelessness update from the Task and Finish Group	Housing
	Joint Strategic Needs Assessment Refresh (statutory requirement)	All
	Slough Prevent Board – six month update	Protecting vulnerable children
	Early Help update	
	#Not Alone campaign update	Improving mental health and wellbeing
	Recovery College update	
	Refresh of the Transformation Plan of the Children and Young People Mental Health and Wellbeing (East Berkshire)	

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Slough Wellbeing Board's Work Programme

November 2018 - May 2019

Contact officer: Amanda Renn, Policy Officer,
Strategy and Performance, Slough Borough Council

For all enquiries: (01753) 8755660

14 November 2018 (new date of meeting and venue to be confirmed)

Subject	Decision requested	Report of	Contributing Officers(s)	Key decision *
Discussion				
Integrated Care System (ICS), including the findings of the 'Your views matter: the Big Conversation' survey'	The Board is asked to discuss and comment on recent activity undertaken to deliver the ICS.	Alan Sinclair, Director of Adults & Communities		No
Slough Safeguarding Adult's Board (SSAB) Annual Report 2017/18 (Statutory) Slough Local Safeguarding Children's Board (SLSCB) Annual Report 2017/18 (Statutory)	The Board is asked to discuss and comment on the annual reports and comment on both partnerships' plans for 2018/19.	Nick Georgiou, Independent Chair of SSAB		Yes
Children and young people's oral health	The Board is asked to discuss and comment on recent activity to improve young people's oral health.	Cllr Pantelic & Liz Brutus, Consultant Public Health		No
Forward Work Programme	The Board is asked to discuss and update the Forward Work Plan.	Dean Tyler, Service Lead Strategy & Performance		No
Social care: the forthcoming Green Paper on older people (England) - To be confirmed	To be confirmed.	Alan Sinclair, Director of Adults & Communities		No
Homelessness and rough sleeping – report from the Task and Finish Group - To be confirmed	To be confirmed.	Alan Sinclair, Director of Adults & Communities		No
Feedback from the October 2018 Partnership Conference – next steps	The Board is asked to discuss feedback from the conference and agree next steps.	Cllr Pantelic & Dean Tyler, Service Lead Strategy & Performance		No
Themed discussion				
To be confirmed	To be confirmed.	To be confirmed		
Information				
Initial feedback on the #Not Alone (mental health) campaign	The Board is asked to note the report from the relevant task and finish group about this campaign.	Geoff Dennis, Head of Adult Mental Health		No

People on the edge of services: Possible referral from the Health & Social Care Partnership - To be confirmed	To be confirmed.	Alan Sinclair, Director of Adults & Communities		
Berkshire Suicide Prevention Strategy and Action Plan update (annual update): Referral from the Health & Social Care Partnership Board	The Board is asked to note recent activity under Berkshire's Suicide Prevention Strategy's Action Plan.	Liz Brutus, Consultant Public Health		No

14 January 2019

Subject	Decision requested	Report of	Contributing Officers(s)	Key decision *
Discussion				
Integrated Care System (ICS)	The Board is asked to discuss and comment on recent activity undertaken to deliver the ICS.	Alan Sinclair, Director of Adults & Communities		No
Forward Work Programme	The Board is asked to discuss and update the Forward Work Plan.	Dean Tyler, Service Lead Strategy & Performance		No
Themed discussion				
Mental Health: opportunity to review the impact of the #Not Alone campaign and shape the next stage of the campaign	To be confirmed.	To be confirmed.		
Information				
Council's Five Year Plan (2019)	The Board is asked to note the refreshed Plan prior to it being taken to council for sign off in March 2019.	Dean Tyler, Service Lead Strategy & Performance		No

26 March 2019

Subject	Decision requested	Report of	Contributing Officers(s)	Key decision *
Discussion				
Integrated Care System (ICS)	The Board is asked to discuss and comment on recent activity undertaken to deliver the ICS.	Alan Sinclair, Director of Adults & Communities		No

Director of Public Health's Annual Report 2019/20	The Board is asked to discuss and comment on the draft report.	Director of Public Health, Berkshire		No
1 st draft of the Slough Wellbeing Board's Annual Report for 2018/19	The Board is invited to shape the first draft of the annual report.	Dean Tyler, Service Lead Strategy & Performance	Chairs of subgroups	No
Forward Work Programme	The Board is asked to discuss and update the Forward Work Plan.	Dean Tyler, Service Lead Strategy & Performance		No
Themed discussion				
Details to be confirmed	Details to be confirmed			
Information				
Prevent Action Plan (6 month update)	The Board is asked to note recent activity by the Prevent Board.	Naheem Bashir, Prevent Coordinator		
Information				
Details to be confirmed	Details to be confirmed.			

8 May 2019

Subject	Decision requested	Report of	Contributing Officers(s)	Key decision *
Discussion				
Space Prevention Alliance Community Engagement (SPACE) Annual Report 2018	The Board is asked to discuss the annual report and SPACE's plans for 2019.	Commissioning team and SCVS	Director, Adult Social Care	No
Integrated Care System (ICS)	The Board is asked to discuss and comment on recent activity undertaken to deliver the ICS.	Alan Sinclair, Director of Adults & Communities		No
Annual review of Joint Wellbeing Strategy priorities, ways of working (including TOR) and preparation for the 2019 Conference	The Board is asked to endorse the approach being taken to review and agree refreshed priorities for the Strategy and to comment on the early arrangements being made for the 2019 partnership conference.	Dean Tyler, Service Lead Strategy & Performance	Democratic Services	No
Slough Wellbeing Board Annual report for 2018/19	The Board is asked to endorse the final draft of the annual report.	Dean Tyler, Service Lead Strategy & Performance	Chairs of subgroups	No

Forward Work Programme	The Board is asked to discuss and update the Forward Work Plan.	Dean Tyler, Service Lead Strategy & Performance		No
Themed discussion				
Details to be confirmed	Details to be confirmed.			
Information				
Details to be confirmed	Details to be confirmed.			

Unprogrammed items				
Refresh of the Council's Leisure Strategy 2019	To be confirmed.	Alison Hibbert, Leisure Strategy manager		No

Criteria

Does the proposed item help the Board to:

- 1) *Deliver one its statutory responsibilities?*
- 2) *Deliver agreed priorities / wider strategic outcomes / in the Joint Wellbeing Strategy?*
- 3) *Co-ordinate activity across the wider partnership network on a particular issue?*
- 4) *Initiate a discussion on a new issue which it could then refer to one of the key partnerships or a Task and Finish Group to explore further?*
- 5) *Respond to changes in national policy that impact on the work of the Board?*

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SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel **DATE:** 16th October 2018

CONTACT OFFICER: Betty Lynch, Safeguarding Partnerships Manager

(For all Enquiries) (01753) 875075

WARD(S): All

PART I
FOR INFORMATION

SLOUGH SAFEGUARDING ADULT BOARD (SSAB) ANNUAL REPORT

1. **Purpose of Report**

The Safeguarding Adult Board is chaired by an independent Chair, Nick Georgiou. The Annual Report is an account of the effectiveness of this board during 2017/18 and is submitted to the Health Scrutiny Panel for information and comment.

2. **Recommendation(s)/Proposed Action**

The Committee is requested to note the report for information.

3. **The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan**

The work of the SSAB contributes to the strategy and JSNA with a particular emphasis on priority 3; Improving mental health and wellbeing.

Actions carried out by the SSAB and the continuing focus on assurance of good safeguarding practice and procedures by agencies working in partnership across Slough are of critical importance in delivering effective coordinated service.

3a. **Slough Joint Wellbeing Strategy Priorities**

The safeguarding adult board contributes to all the Slough well being board priorities with a focus on;

- Increasing life expectancy by focusing on inequalities
- Improving mental health and wellbeing

3b. **Five Year Plan Outcomes**

Our people will be healthier and manage their own care needs

4. **Other Implications**

(a) **Financial**

The Care Act identified the local authority police authority and Clinical Commissioning Group for each area as core members of the statutory Adult Safeguarding Board. As part of their core membership an expectation of funding

for the board was set out with each agency making a contribution to the costs incurred in delivering the board's responsibilities.

A new business unit has been agreed with a team of one manager, one officer and one administrator providing management and administrative support to the Local Safeguarding Children, Safeguarding Adults and the new Slough Strategic Safeguarding Executive Board.

This has produced efficiencies and has reduced costs. It will be evaluated at the end of this financial year. Recruitment has been challenging. The manager has been appointed and currently recruiting to 2 additional posts.

(b) Risk Management

Risk/Threat/Opportunity	Mitigation(s)
Responding to DoLS in a timely fashion	Train more Best Interest Assessors and develop retention strategies and follow national priority guidance.
Increase in Safeguarding Adult Reviews for Self Neglect cases	Further embed risk management training and tools for operational staff.
Increase in costs in relation to Serious Case Reviews	This would be an additional cost pressure to SBC unless partners increased their financial contribution.

(c) Human Rights Act and Other Legal Implications

Recognise the public duty to protect the human rights of all citizens including those who are subject of concern but who are not covered by the Safeguarding Adults Procedures. This duty falls on each of the board's member organisations who will offer signposting, advice and support as appropriate.

Equalities Impact Assessment

There is no adverse impact of this report in relation to age, religion and sexual orientation.

Workforce

Adult social care and partner members of the safeguarding Adult Board have a responsibility to ensure that the workforce have received the appropriate and relevant safeguarding training and this is referred to in the annual report.

5. Supporting Information

The Annual Report contains all supporting information.

6. Comments of Other Committees

The Safeguarding Adult Board has considered and endorsed this Annual Report which will be presented to the Slough Well Being Board in November 2018.. Partner agencies of the SSAB will also be presenting this annual report to their respective Boards

7. **Conclusion**

The Health Scrutiny Panel is asked to consider and note the Annual Report of the SSAB.

8. **Appendices Attached**

'A' - Slough Safeguarding Adults Board Annual report

9. **Background Papers**

None.

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This is the Safeguarding Adult Board Annual Report.

It explains what partners have achieved between April 2017- March 2018, In relation to safeguarding adults.

It also explains what they want to do in 2018-2019.

Check out our website

<https://sloughsafeguardingboards.org.uk>

How to Report Safeguarding Concerns About an Adult

Telephone: 01753 475111 *Monday to Friday: 9am-5pm*

Email: Safeguardingadults@slough.gov.uk(GCSX)

(This is a secure email address)

Out of normal office hours: Contact the Emergency Duty Team: 01344 786 543

Slough Borough Council's website is: www.slough.gov.uk (report abuse here for adults and children)

You can also report any concerns about abuse or neglect for yourself or someone else to:

- Your GP or nurse
- A health or social care staff member in any hospital
- A voluntary or community organisation

Forward by Independent Chair: Nick Georgiou

I hope that you find this Annual Report interesting, informative and accessible. The approach taken in writing it is to make extensive use of web links so that you are able to access a lot of data and information without being faced by a welter of pages.

A good deal of the focus in this year ending March 2018 has been on strengthening the support structure to both the Adult and Children's Safeguarding Boards. A major feature of this was the recruitment of a Safeguarding Partnership Manager, Betty Lynch, who has generated improved systems and processes. These developments have enabled stronger partnership working, more clearly articulated strategic objectives and communications.

The new Slough Safeguarding Website is much more accessible, informative and well used. There is improved coordination of the range of contextual and specific issues that span both safeguarding boards and the Safer Slough Partnership. A major development has been the establishment of the Slough Safeguarding Executive Board where senior managers from the core agencies, SBC, TVP and the CCG ensure common and coordinated approaches.

My comments here are applicable to both the Adult and Children's boards and illustrative of the greater coordination across the range of safeguarding concerns I am using this same foreword for both annual reports



About This Document

Read this on line.

Links are provided to help you find more detail.

If you need anything else,
[E-mail \[betty.lynch@slough.gov.uk\]\(mailto:betty.lynch@slough.gov.uk\)](mailto:betty.lynch@slough.gov.uk)

What Does Adult Safeguarding mean?

“Adult safeguarding means protecting a person’s right to live in safety, free from abuse and neglect.” *(Care Act guidance 2014 Department of health)*

Everyone has that right and this is the law.
Click on the link below to read the guidance
<https://www.gov.uk/government/publications/care-act-statutory-guidance/care-and-support-statutory-guidance>

What is the Safeguarding Adult Board?

It is a group of leaders who work together to safeguard adults. It does this in 3 main ways;

Communication: Informing the professional and local community about safeguarding adults.

Co-ordination: Safeguarding work needs to be co-ordinated to help professionals share information and develop local arrangements together.

Challenge: Ensuring that the local procedures are actually working to safeguard adults.

Progress since the last annual report (2016-17)

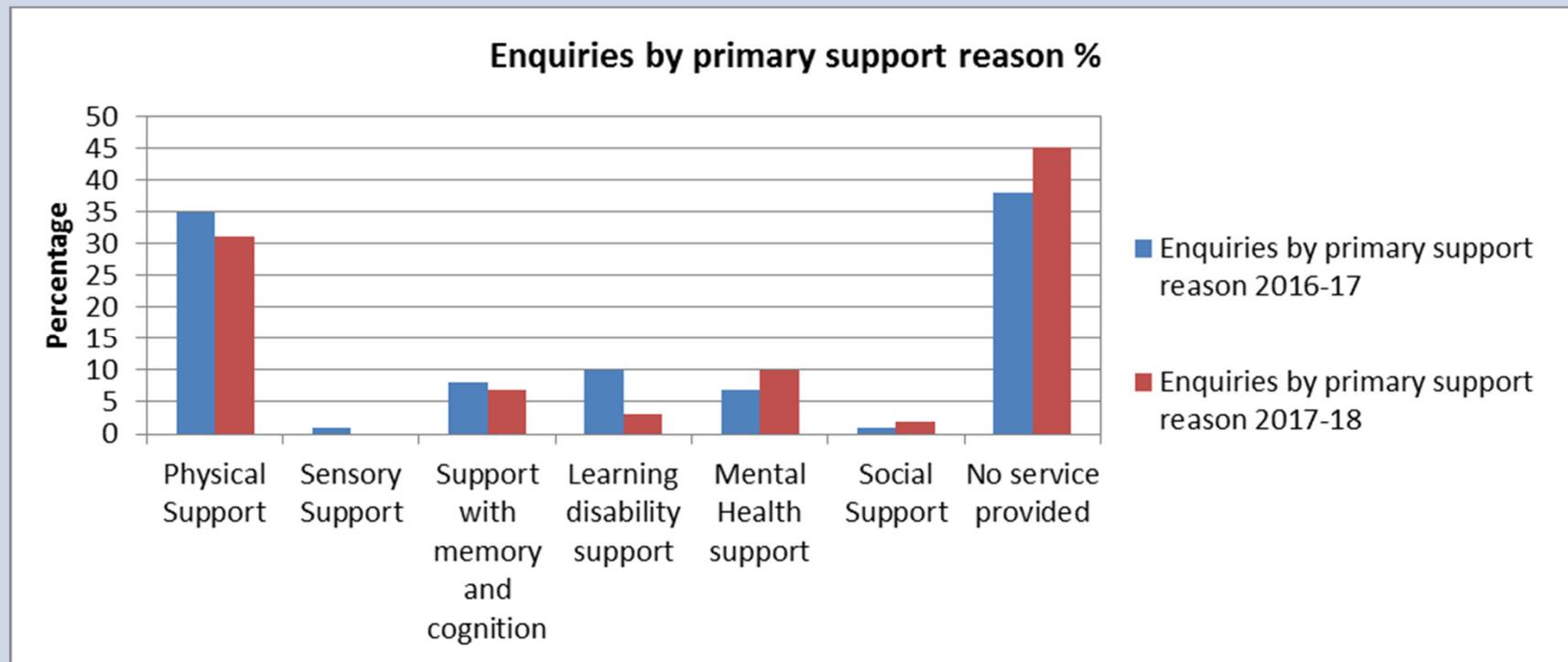
The next 8 slides explain what progress has been made in relation to each of the objectives set by partners in the last annual report (2016/17)

A full breakdown of the data is also provided on the link below

<https://www.sloughsafeguardingboards.org.uk/sab/sab/about-us/partner-account-to-sab-annual-report-and-performance-data>

Objective in 2016-2017 Report Improving Identification of Risk to the Individual and Management of That Risk Referral Rates

Year	Concerns Received	No. of enquiries undertaken	Conversion rate
2014-15	466	90	19%
2015-16	647	93	14%
2016-17	989	367	37%
2017-18	695	118	17%

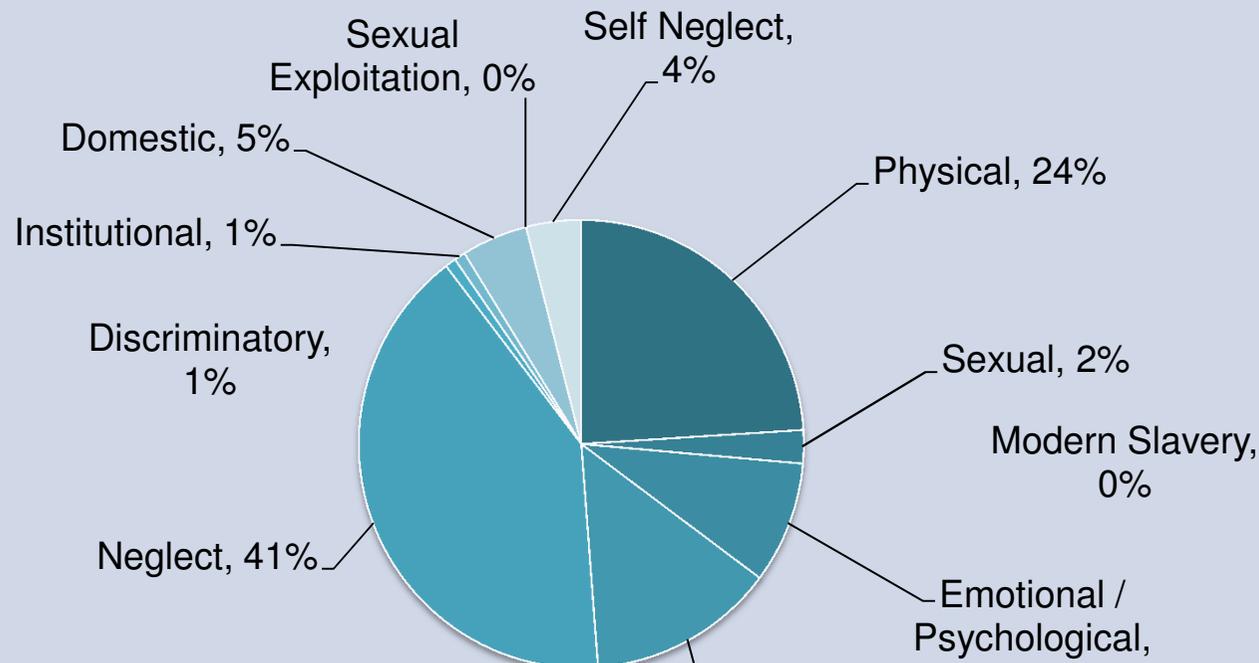


Objective in 2016-2017 report
Improving Identification of Risk to the Individual and Management of That Risk

Progress
Trends around types of abuse are identified below.

Next steps
Cross reference data with partners to gain a wider understanding of hate crime, modern slavery and exploitation.

The most common type of abuse was **neglect** (44%), followed by **physical abuse** (26%) and **financial abuse** (15%). This pattern reflects the national picture of 2016-17. Cases of **neglect** have risen to 44%, up from 29% in the previous year. There have been no reported cases of Modern Slavery, or sexual exploitation in 2017-18, however there has been a small proportion of enquiries relating to sexual abuse (3%). Low levels of **Discriminatory** abuse continues (1% in 2016-17 and 2017-18). This is not to suggest that Discriminatory abuse (such as hate crime) or modern slavery have not been identified in Slough.

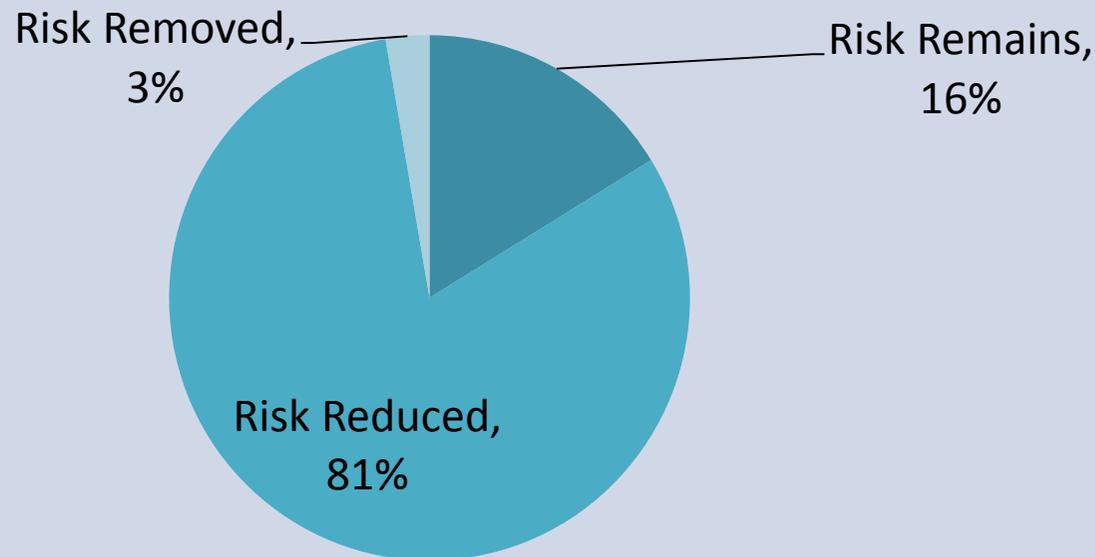


**Objective in 2016-17 Report
Improving Identification
of Risk to the Individual
and Management of That
Risk**

Progress
As in the previous year where figures compared favourably to national and comparator group averages, performance in 2017-18 to reduce or remove risk was a very positive.

Next steps
Continue to improve on this performance working with new quality assurance sub-group

Where risk was identified, the level of perceived risk at the end of the safeguarding enquiry 2017/18



Objective in 2016-2017 report Improving Safeguarding Practice When Working With People Who Self Neglect/Hoard In progress

Achievements

Work with East Berkshire SAB's to refine and development the risk management tool.

Commenced work on multi-agency training needs analysis to deliver training.

Engaging with neighbouring SAB's to ensure communications about the tool are effective.

Next steps

Create a co-ordination group to work on Early Help for vulnerable adults.

Deliver training which is evidence informed, multi-agency and evaluated.

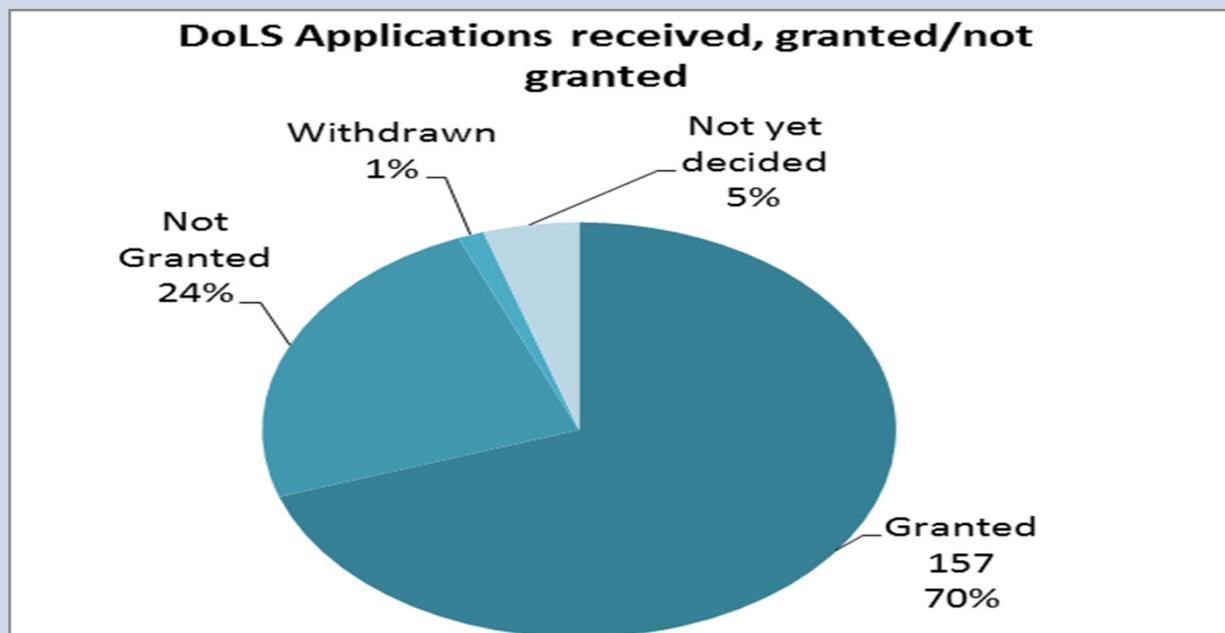
Ensure the LSCB strategy on neglect refers to parents who are vulnerable due to substance misuse, mental health problems and/or domestic abuse.

Objective in 2016-2017 Report
**Mental Capacity and Deprivation
of Liberty Safeguards**

Progress
**Continued
Improvement in
advocacy training
and DOLS
applications.**

Next steps
**Ensure improved
performance is
sustained.**

Of those individuals who lacked capacity, 100% were supported by an advocate in 2017-18 compared to 88% in the previous year. Slough's performance in this area is better than the national previous year position (73%). MCA Levels 2 and 3 training provided to social workers, OT's and managers. 225 DoLS applications were received in 2017-18, of which 51% relate to individuals with dementia, and 24% with learning disabilities. 70% of applications were granted and 24% were not granted. As at the end of March, 14 applications were on the waiting list, yet to be decided.

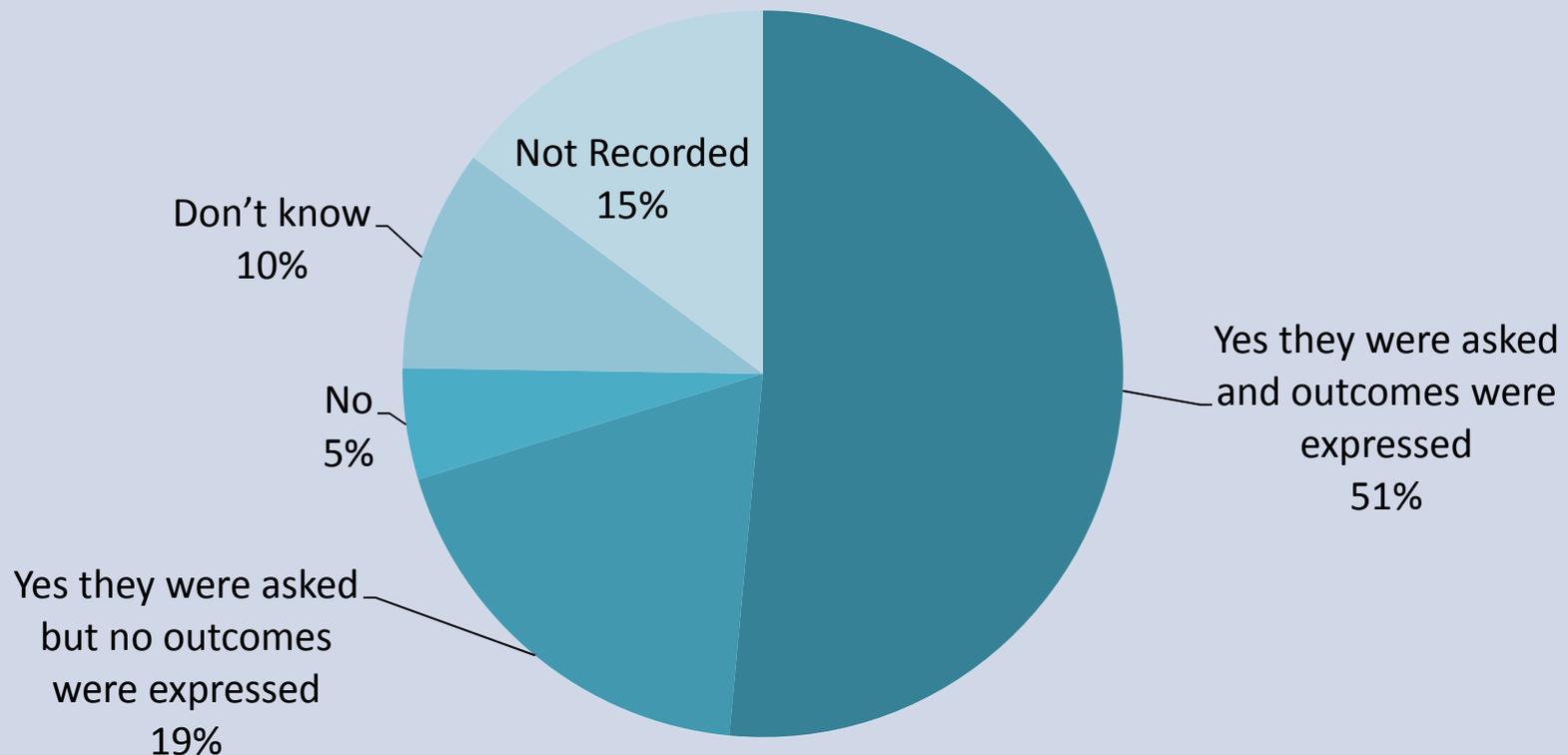


**Objective in 16-17 report
Making Safeguarding
Personal and Outcome
Focused**

**Good practice is to ask 100%
of individuals what outcome
they want from the
safeguarding enquiry at the
start of the process and seek
feedback at the end to
ascertain whether these
outcomes have been
achieved**

**Next steps
Create a new QA sub-group
to monitor this and provide
further analysis and
improvement.**

Was the vulnerable adult asked about their desired outcomes?



Objective in 2016-2017 Report: Improve Board Effectiveness.

Achievements	Next Steps
<p>Improved business planning</p> <p>Learning and Improvement framework agreed</p> <p>Communications strategy agreed</p> <p>Business Manager appointed</p> <p>Increased work with Joint Safeguarding Executive Group working on co-ordinating business with LSCB and Safer Slough Partnership.</p>	<p>Recruit to new business support team.</p> <p>Create a new quality assurance sub-group and a work stream or sub-group on self neglect</p> <p>Work with Joint safeguarding executive group on communications strategy and planning.</p>

What Individuals Who Have Experienced the Process Say; Health Watch Reports

We talk to hundreds of people each year in Slough and provide Advice, Information and Signposts, making referrals to Safeguarding professionals where necessary. We also undertook a number of projects during 2017/18 that touched on the lives of vulnerable adults and their carers.

Projects included a “Carers Call to Action”. We received 65 completed surveys sharing people’s experiences of being a carer in Slough. More than half felt poorly supported as a carer. People found it confusing to know where to get information and some found a lack of support in the evenings, especially for carers under the age of 40 years old. We wrote up their feedback and made a number of recommendations which the organisations have committed to act on. Slough has over 11,626 carers: that’s 14% of the population.

Prospect Park Hospital in Reading is the main hospital for people in Berkshire with mental health conditions. 11 “Enter and View” visits were carried out over one week, talking to 41 adults to better understand the experience of patients with enduring or serious mental health conditions. Patients commonly mentioned as a positive feature of their stay was the caring attitude shown by staff; followed by getting treatment they needed; feeling safe; support from other patients; and the environment. The improvement most often suggested by patients was increased staffing which would increase patient and peer support, escorted visits outside and therapy sessions”.

The Healthwatch account is on this link-

<https://www.sloughsafeguardingboards.org.uk/sab/sab/about-us/partner-account-to-sab-annual-report>

Safeguarding Adult Reviews

The Safeguarding Adult Board must arrange a review when an adult in its area dies from, or has experienced serious abuse or neglect.

Whether known or suspected, and there is concern that partner agencies could have worked more effectively to protect the adult.

This work is led by the Safeguarding Adult Review Panel, a sub-group of the Safeguarding Adult board.

No reviews were published in this reporting time.

Safeguarding Adult Review Panel Plans for 2019-2020

The Panel Chair, Debbie Hartrick, has notified the board of her intention to step down and the board is very grateful for her work on this panel.

The LSCB chair has appointed a new chair, Betty Lynch, the safeguarding partnerships manager.

- The panel has agreed a forward plan which includes Reviewing delivery of recommendations of reviews and ensure impact.
- Ensuring links between the work of the SARP, the quality assurance sub-group and the business plan.
- Ensuring understanding of SAR guidance.

Training

- Over 2,300 people attended the following training.
- Safeguarding Adults Level 1
- PREVENT eLearning
- WRAP face to face
- Safeguarding Adults Minute Taking
- Modern Slavery Face to Face targeted training
- Mental Capacity Act Level 1 Face to Face
- MCA Level 2 for Social Work and OT teams Face to Face
- MCA Level 2 for Care Provider Managers Face to Face
- MCA Level 3 for Social Work and OT Managers Face to Face
- Member development: safeguarding, modern slavery and exploitation
- Plus a number of eLearning modules
- A full breakdown is available in the link below

<https://www.sloughsafeguardingboards.org.uk/sab/sab/about-us/sab-annual-reportsab-training-data>

Training Next Steps

We are working with our neighbouring Safeguarding Adults Boards to understand the training needs of professionals in our areas so that we can co-ordinating and deliver training across these areas together.

A training needs analysis will inform the training curriculum.

Partners Accounts to the SAB Annual Report

The following partners have provided an account of their Safeguarding arrangements;

- Health Watch
- Berkshire Health Care Foundation Trust
- National Probation Service
- South Central Ambulance Service Foundation Trust
- Slough Local Authority Adult Social Care Service
- Thames valley Police
- Frimley Health Foundation Trust

All accounts are available on the link below:

<https://www.sloughsafeguardingboards.org.uk/sab/sab/about-us/partner-account-to-sab-annual-report-and-performance-data>

Slough Strategic Safeguarding Executive Board

The chairs of the LSCB, the Safeguarding Adult board and Safer Slough partnership agreed to work together to share and learn about future directions, problem solve, ensure clear leadership and reduce duplication, making all three boards more efficient.

In this reporting period, the group met on 3 occasions and have begun exchanging views and ideas about how best to ensure that all 3 deliver what is required of them, and there is clarity about roles and responsibilities.

The group has supported the safeguarding boards in relation to exploitation, (including CSE and exploitation of children).

Terms of reference are in the link below;

<https://www.sloughsafeguardingboards.org.uk/lscb/lscb/learning-and-improvement-framework/slough-strategic-safeguarding-executive-board>

SAB Strategic Plan

Partners will have a special meeting in June 2018. While they agree largely on the strategic objectives, they will work on delivering them through viable infrastructure, learning lessons from Safeguarding Adult Reviews, national and local experience. The Strategic plan includes;

- New quality assurance arrangements
- Working with neighbouring SAB's on training and delivering the risk management tool
- Raising awareness in our local community about safeguarding adults paying particular attention to reaching out to carers.

The full plan is included in this link:

<https://www.sloughsafeguardingboards.org.uk/sab/sab/about-us/priorities-plans-and-reports>

SLOUGH BOROUGH COUNCIL

REPORT TO: Health Scrutiny Panel **DATE:** 16th October 2018

CONTACT OFFICER: Dave Gordon – Scrutiny Officer
(For all Enquiries) (01753) 875411

WARDS: All

PART I
FOR COMMENT & DECISION

FORWARD WORK PROGRAMME

1. **Purpose of Report**

For the Health Scrutiny Panel (HSP) to identify priorities and topics for its Work Programme for the 2018/19 municipal year.

2. **Recommendations/Proposed Action**

That the Panel:

- 1) identify the major issues it would like to cover in the 2018/19 municipal year; and
- 2) agree, where possible, timing for specific agenda items during the 2018/19 municipal year.

3. **The Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan**

3.1 The Council's decision-making and the effective scrutiny of it underpins the delivery of all the Joint Slough Wellbeing Strategy priorities. The HSP, alongside the Overview and Scrutiny Committee and the other 2 Scrutiny Panels combine to meet the local authority's statutory requirement to provide public transparency and accountability, ensuring the best outcomes for the residents of Slough.

3.2 The work of HSP also reflects the following priority of the Five Year Plan:

- Our people will become healthier and will manage their own health, care and support needs.
- Our children and young people will have the best start in life and opportunities to give them positive lives

3.3 Overview and Scrutiny is a process by which decision-makers are accountable to local people, via their elected representatives for improving outcomes relating to all priorities for the Borough and its residents. Scrutiny seeks to influence those who make decisions by considering the major issues affecting the Borough and making recommendations about how services can be improved.

4. **Supporting Information**

4.1 The purpose of scrutiny is to hold those that make decisions to account and help Slough's residents by suggesting improvements that the Council or its partners could make.

4.2 Prioritising issues is difficult. The scrutiny function has limited support resources, and therefore it is important that the work scrutiny chooses to do adds value.

4.3 There are three key elements that make up the responsibilities of the scrutiny function:

- provide transparency and public accountability for key documents relating to the financial management and performance of the Council;
- scrutinise significant proposals which are scheduled for, or have been taken as, a Cabinet/Officer delegated decision; and
- strategic shaping of service improvements relating to the Cabinet Portfolios of Finance & Strategy and Performance & Accountability

4.4 In considering what the HSP should look at under points two and three above, Members are invited to consider the following questions:

- *To what extent does this issue impact on the lives of Slough's residents?*
- *Is this issue strategic and pertinent across the Borough?*
- *What difference will it make if HSP looks at this issue?*

5. **Suggested Topics**

5.1 It is generally recommended that a Scrutiny Committee should aim to look at no more than 3 or 4 items in any one meeting. This limited number can prove challenging, but does allow the Committee to delve down into specific subject areas and fully scrutinise the work that is being undertaken.

5.2 This will be a continuous process, and flexibility and responsiveness vital to success. It is important not to over-pack the Committee's agenda at the start of the year, which will not allow the flexibility for the Committee to adapt to take into consideration issues that have arisen during the year.

6. **Conclusion**

6.1 The scrutiny function plays a key role in ensuring the transparency and accountability of the Council's financial and performance management, and strategic direction. The proposals contained within this report highlight some of the key elements which the Committee must or may wish to scrutinise over the coming municipal year.

6.2 This report is intended to provide the HSP with information and guidance on how best to organise its work programme for the 2018/19 municipal year. As previously stated, this is an ongoing process and there will be flexibility to amend the programme as the year progresses, however, it is important that the Committee organises its priorities at the start of the year.

7. **Appendices Attached**

A - Draft Work Programme for 2018/19 Municipal Year

8. **Background Papers**

None.

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HEALTH SCRUTINY PANEL
WORK PROGRAMME 2018/2019

Meeting Date
21 November 2018
<ul style="list-style-type: none">• Frimley Integrated Care System• Air Quality• Winter Preparedness
17 January 2019
<ul style="list-style-type: none">• Recovery Colleges
25 March 2019
<ul style="list-style-type: none">• Disability Task & Finish Group – final report• Autism Hub• Wellbeing Board – Annual Report

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MEMBERS' ATTENDANCE RECORD 2018/19

HEALTH SCRUTINY PANEL

COUNCILLOR	28/06	11/09	16/10	21/11	17/01	25/03
Ali	P	P				
Chaudhry	P	P				
M Holledge	P	P				
Matloob	P	P				
Qaseem	P* (from 6.37pm)	P* (from 6.35pm)				
A.Sandhu	P	P				
Shah	P* (from 6.59pm)	P				
Smith	Ap	P				
Strutton	P* (until 7.29pm)	P				

P = Present for whole meeting
Ap = Apologies given

P* = Present for part of meeting
Ab = Absent, no apologies given

(Ext - Extraordinary)

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